

	 <b>SATURDAY</b>	 <b>SUNDAY</b>
10:00	<b>MASHUP®</b> Barbie Brown	<b>DANCE KICK OFF</b> <b>U Jam</b> Rene Huerta <b>GROOV3</b> Ben Allen
11:00	<b>Total Body Bootcamp</b> Gideon Akande	<b>The Sweat –sperience</b> Gideon Akande
11:30	<b>Booty Blast Bootcamp</b> Lita Lewis	<b>Booty Blast Bootcamp</b> Lita Lewis
12:00	<b>Zumba® Dance Party</b> Joy Smith	<b>STRONG by ZUMBA®</b> Cheryl Wu Hall
12:45	<b>Product Palooza</b> Interactive Demo – Try & Win	<b>Product Palooza</b> Interactive Demo – Try & Win
1:00	<b>Ultimate Athlete Bootcamp</b> D’Juan Woods, Michael Meyers	<b>Spartan Strong - Spartan in Studio</b> Belle Hammond
2:00	<b>QiGong</b> Chris Shelton	<b>QiGong</b> Chris Shelton
2:30	<b>Lex Twerk Out</b> <i>Featuring YouTube Sensation &amp; Recording Artist</i> Lexy Panterra	<b>Lex Twerk Out</b> <i>Featuring YouTube Sensation &amp; Recording Artist</i> Lexy Panterra
3:00	<b>Vibration Therapy Training</b> David Mills	<b>Vibration Therapy Training</b> David Mills
3:30	<b>Boogie Bounce</b> Featuring Master Trainer Team	<b>Boogie Bounce</b> Featuring Master Trainer Team
4:00	<b>GROOV3</b> Ben Allen	<b>Go Muscles</b> D’Juan Woods
4:30	<b>WOW the Crowd Dance Contest</b> Hosted by Ben Allen	<b>Workout &amp; Win Giveaway</b> NordicTrack X22i

Workout & Win

Every time you join a workout, demo or challenge you get a ticket for the NordicTrack Giveaway!

\*Schedule is subject to change based on presenter availability