



2022 ALL-AMERICAN MAS WRESTLING CHAMPIONSHIP

MAS Wrestling is an ancient sport, the modern version is brought to us from Yakutia (far northern region of Siberia in the Russian Republic of Sakha). Variation of the sport is found in many cultures including being a favorite of the Vikings in the Scandinavian countries, as well as the Eskimos of North America (Eskimo wrestling, which is part of the Eskimo Olympics), Athletes sit in front of each other, prop their feet against the board that divides the competition arena and pull on a short stick. An athlete wins the bout if he/she pulls the opponent over with the stick or pulls (snatches out) the stick from the opponent. Best two of three bouts win the match.

Regulations

1. Goals and objectives

- Tournament is held with the aim to popularize and develop Mas-Wrestling in the world.
- Objectives:
 - Strengthening friendly sportive relationship among countries.





- Determination of the Mas-Wrestling strongest athlete in contested weight categories.

2. Time and competition venue

May 21-22, 2022

Los Angeles Convention Center - South Halls

Saturday, May 21 | 10am - 5pm

Sunday, May 22 | 10am - 5pm

Friday

2:00pm to 6:00pm **Registration and weigh-in**

Saturday

8:30am to 9:30am **Late registration and weigh-in**

2:00pm **Combat MAS™**: MAS Wrestling Tournament **Preliminary Rounds** in conjunction with All-American Strength Challenge (Strongman)

Sunday

1:00PM - Combat MAS™: All-American MAS Wrestling Championship **FINALS** (Strongman and MAS)

Final matches in all weight divisions as necessary to determine the winners.

3. Participants

Entry fee: \$45.00 due by April 30, 2022; late entries \$65.00 (All-American Strongman Challenge entry includes MAS wrestling)

- <https://www.oddehaugen.com/2022-odd-haugen-strength-classic-la-fitexpo-registration/>





- USA athletes must be a current member of **MAS Wrestling USA** (memberships \$19 per annum available at [MAS Wrestling USA Membership Form](#))

All athletes must have sportswear according to Mas-Wrestling rules:

- Men – special sportswear for Mas-Wrestling of the prescribed sample by the IMWF – tight-fitting or free-breed shorts for Mas-Wrestling (red and blue), sports shoes without spikes.
- Women – special sportswear for Mas-Wrestling of the prescribed sample by the IMWF – tight-fitting or free-breed shorts for Mas-Wrestling (red and blue), sports jersey or T-shirt, sport shoes without spikes.

4. Conditions of the competitions

Weight Divisions are: **Light Weight Women Division (LWW)** -140lb Weight Class; **Middle Weight Woman Division (MWW)** - 180lb Weight Class; **Heavy Weight Women Division (HWW)** +180lb and above Weight Class; **Light Weight Men Division (LWM)** -175lb Weight Class; **Middle Weight Men Division (MWM1)** – 200 Weight Class and (MWM2) -231lb Weight Class; **Heavy Weight Men Division (HWM)** +231lb and above.

Weight categories with 2 or less athletes merged with next higher weight category; weight categories with 3-5 athletes conducted in Round Robin format; and weight categories with 6 or more athletes conducted in the actual International Mas-Wrestling Federation Rules Article 2.1 by the **System with elimination after 2 (two) losses**.

5. Awards

Sculpted Trophies to winner of each weight category. Top three athletes (1st, 2nd and 3rd place) in each weight category are awarded with medals.

6. Hotel Information

<https://thefitexpo.com/city/los-angeles/attendees/hotels/>



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