



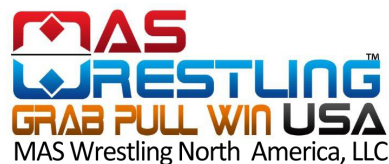
*Los Angeles Convention Center on January
14-15, 2023*



**The 2023 Odd Haugen Strength Classic
All-American MAS Wrestling Championship**

Los Angeles Convention Center - South Halls
Saturday, January 14

UNITED WORLD (UWMF)



MAS-WRESTLING FEDERATION



Los Angeles Convention Center on January 14-15, 2023

LOS ANGELES 2023

Los Angeles Convention Center - South Halls

Saturday, January 14 | 10am - 5pm

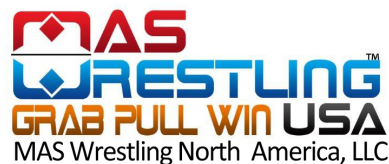
Sunday, January 15 | 10am - 5pm



2023 ALL-AMERICAN MAS WRESTLING CHAMPIONSHIP

MAS Wrestling is an ancient sport, the modern version is brought to us from Yakutia (far northern region of Siberia in the Russian Republic of Sakha). Variation of the sport is found in many cultures including being a favorite of the Vikings in the Scandinavian countries, as well as the Eskimos of North America (Eskimo wrestling, which is part of the Eskimo Olympics), Athletes sit in front of each other, prop their feet against the board that divides the competition arena and pull on a short stick. An athlete wins the bout if he/she pulls the opponent over with the stick or pulls (snatches out) the stick from the opponent. Best two of three bouts win the match.

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Regulations

1. Goals and objectives

- Tournament is held with the aim to popularize and develop Mas-Wrestling in the world.
- Objectives:
 - Strengthening friendly sportive relationship among countries.
 - Determination of the Mas-Wrestling strongest athlete in contested weight categories.

2. Time and competition venue

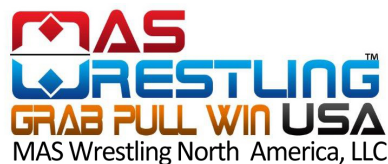
JANUARY 14-15

Los Angeles Convention Center – South Halls

Saturday, JANUARY14	10am – 5pm
Sunday, JANUARY15	10am – 5pm

Friday

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Los Angeles Convention Center on January
14 15 2022

2:00pm to 6:00pm **Registration and weigh-in**

Saturday

8:30am to 9:30am **Late registration and weigh-in**

2:00pm **ALL AMERICAN MAS™**: MAS Wrestling
Tournament **Preliminary Rounds** in conjunction with ODD
HAUGEN STRENGTH CLASSIC

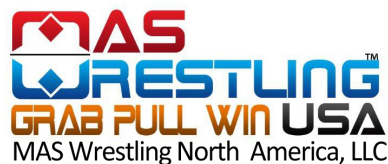
Sunday

**1:00PM – ALL AMERICAN MAS™: All-American MAS Wrestling
Championship FINALS**

Final matches in all weight divisions as necessary to determine
the winners.

1. Participants

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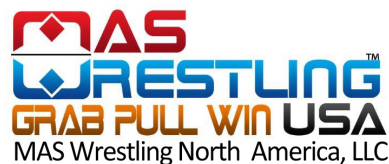
Entry fee: \$25.00 due by October 31, 2022; late entries \$40.00
(All-American Strongman Challenge entry includes MAS wrestling)

- <https://www.oddehaugen.com/2023-odd-haugen-strength-classic-la-fitexpo-registration/>
- USA athletes must be a current member of **MAS Wrestling USA** (memberships \$19 per annum available at [MAS Wrestling USA Membership Form](#))

All athletes must have sportswear according to Mas-Wrestling rules:

- Men – special sportswear for Mas-Wrestling of the prescribed sample by the IMWF – tight-fitting or free-breed shorts for Mas-Wrestling (red and blue), sports shoes without spikes.
- Women – special sportswear for Mas-Wrestling of the prescribed sample by the IMWF – tight-fitting or free-breed

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shorts for Mas-Wrestling (red and blue), sports jersey or T-shirt, sport shoes without spikes.

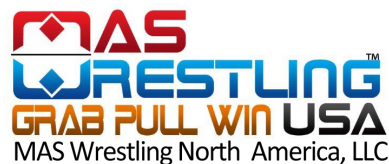
4. Conditions of the competitions

Weight Divisions are: **Light Weight Women Division** 65kg Weight Class; **Middle Weight Woman Division** U85kg Weight Class; **Absolute Women Division** 85kg and above Weight Class; **Light Weight Men Division** U80kg Weight Class; **Welter Weight Men Division** U90kg Weight Class ; **Middle Weight Men Division** -U105kg Weight Class; **Absolute Men Division** +105kg and above.

Weight categories with 2 or less athletes merged with next higher weight category; weight categories with 3-5 athletes conducted in Round Robin format; and weight categories with 6 or more athletes conducted in the actual International Mas-Wrestling Federation Rules Article 2.1 by the **System with elimination after 2 (two) losses.**

1. Awards

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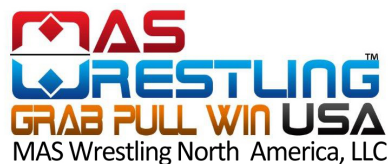
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Sculpted Trophies to winner of each weight category. Top three athletes (1st, 2nd and 3rd place) in each weight category are awarded with medals. **PLUS Arnold Invites to podium finishers.**

6. Hotel Information

<https://thefitexpo.com/city/los-angeles/attendees/hotels/>

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