

**THE FITE XPO**  
TRAINING & WELLNESS ZONE

presented by  
**AI Wellness**

powered by  
SPORTS RESEARCH SWEET SWEAT. SO SOUND OFF  
Fettle ACE→ coach360 BodyBell Method ZUMBA



	SATURDAY	SUNDAY
10:45 am	<b>EMS Product Showcase Workout Circuit</b> Featuring EMS Suits, Lagree Fitness, Carol Bike, Pure Steel, & PRO360 Training	<b>EMS Product Showcase Workout Circuit</b> Featuring EMS Suits, Lagree Fitness, Carol Bike, Pure Steel, & PRO360 Training
11:30 am	<b>Body Weight Blast</b> <i>Presented by Fettle Fitness</i> Ryan O'Reilly & Glen McCready	<b>Body Weight Blast</b> <i>Presented by Fettle Fitness</i> Ryan O'Reilly & Glen McCready
12:00 pm	<b>EB30x Blast</b> <i>Featuring Eric Bassett</i> Win a Sweet Sweat Waist Trimmer	<b>Zumba</b> Aileen Padilla & Cheryl Wu Hall
12:30 pm	<b>Ultimate Athlete Bootcamp</b> <i>Presented by Snaac Habit App</i> D’Juan Woods & Michael Myers	<b>Jump</b> Austen Jux-Chandler
1:00 pm	<b>Influencer Challenge</b> Hosted by Fit TV	<b>Pro Trainer Workshop</b> Hosted by Brad Bose
1:30 pm	<b>Pro Trainer Workshop</b> Hosted by Fit TV	<b>Pro Trainer Workshop Cont.</b> Hosted by Brad Bose
2:00 pm	<b>Fitness Fashion Show <i>Featuring</i> MoveStrong BioStacks Runway</b>	<b>Style Attiks</b> Gabrial Padilla and Team
2:30 pm	<b>Fitness Fashion Show <i>Featuring</i> Angel Competition Bikini, Bax-U &amp; Sweet Sweat by Sports Research</b>	<b>Fitness Fashion Show <i>Featuring</i> Bax-U &amp; Sweet Sweat by Sports Research</b>
3:00 pm	<b>The Body Bell Method</b> Phil Ross	<b>The Body Bell Method</b> Phil Ross
3:30 pm	<b>YogaFit</b> Beth Shaw & Kim Gray	<b>Yoga’ED</b> Terry Shorter
4:00 pm	<b>AI Wellness EMS Breathwork</b> Beth Shaw	<b>Eric the Trainer Memorial Push Up Contest</b> Chef Rush



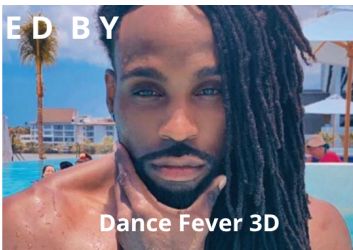
Austen Jux- Chandler



Sound Off EXPERIENCE



Terry Shorter



Dance Fever 3D