

























	SATURDAY	SUNDAY
10:45 am	EMS Product Showcase Workout Circuit Featuring EMS Suits, Lagree Fitness, Carol Bike, Pure Steel, & PRO360 Training	EMS Product Showcase Workout Circuit Featuring EMS Suits, Lagree Fitness, Carol Bike, Pure Steel, & PRO360 Training
11:30 am	Body Weight Blast presented by Fettle Fitness Ryan O'Reilly & Glen McCready	Body Weight Blast presented by Fettle Fitness Ryan O'Reilly & Glen McCready
12:00 pm	EB30x Blast Featuring Eric Bassett Win a Sweet Sweat Waste Trimmer	Zumba Aileen Padilla & Cheryl Wu Hall
12:30 pm	Ultimate Athlete Bootcamp D'Juan Woods & Michael Myers	Jump Austen Jux-Chandler
1:00 pm	Influencer Challenge Hosted by Fit TV	Influencer Challenge Hosted by Brad Bose
1:30 pm	Pro Trainer Workshop Hosted by Fit TV	Pro Trainer Workshop Hosted by Brad Bose
2:00 pm	Fitness Fashion Show Featuring MoveStrong BioStacks Runway	Style Attiks Gabrial Padilla and Team
2:30 pm	Fitness Fashion Show Featuring Angel Competition Bikini & BaxU	Fitness Fashion Show Featuring Angel Competition Bikini & BaxU
3:00 pm	The Body Bell Method Phil Ross	The Body Bell Method Phil Ross
3:30 pm	Yoga'ED Terry Shorter	Yoga'ED Terry Shorter
4:00 pm	Al Wellness EMS Breathwork Beth Shaw	Eric the Trainer Memorial Push Up Contest Chef Rush





